

Report on quarterly Health camp organised at Marhtala Village, West Bengal

Date: 4th April 2026

Location: Marhtala Village

Organised by: STE

Executive Summary

A health camp was conducted in Marhtala village on a warm April morning, drawing over 50 community members and supported by three visiting doctors. The event exceeded attendance expectations, with some participants travelling from as far as Purulia. The camp provided medical consultations, nutrition education, and a communal meal, reinforcing the initiative's commitment to accessible, community-driven healthcare.



Attendance and Reach

Metric	Details
Doctors present:	03
Total attendees:	50+
Geographic reach:	Local residents and visitors from distant areas, including Purulia

The strong turnout reflects growing trust in the initiative and its expanding reach beyond the immediate village.

Key Activities

Medical Consultations

Three visiting doctors provided consultations addressing a range of health concerns. Attendees received guidance on preventive care and, where appropriate, donated medicines.

Community Engagement and Testimonials

The camp served as a platform for connection and reflection. Several attendees shared stories from previous camps, noting improvements in their wellbeing through modest lifestyle changes:

- Increased water intake
- Incorporation of fruits and vegetables into daily meals
- Access to donated medicines

"Small steps — more water, more vegetables, donated medicines — are bringing meaningful change."

These firsthand accounts underscore a simple truth: sustainable health improvements often begin with accessible guidance and consistent community support.



Nutrition Education

Childhood malnutrition remains a pressing concern. The camp prioritized nutrition awareness, particularly for caregivers and parents, recognising that long-term change requires sustained effort and ongoing engagement.





Communal Meal

A highlight of the day was the shared lunch arranged for children, visitors, and local volunteers. This communal meal fostered warmth and solidarity, transforming a clinical event into a genuine community gathering.

Acknowledgement: Heartfelt thanks to Chhanda Madam, whose generous sponsorship made the entire meal possible. Her kindness exemplifies the spirit of care that drives this work forward.



Focus Areas

Area	Description
Nutrition:	Education and awareness, with emphasis on childhood malnutrition
Preventive care:	Guidance on lifestyle adjustments and early intervention
Community wellbeing:	Building trust, connection, and sustained engagement

Acknowledgements

This camp was made possible by the collective efforts of:

- Visiting doctors
- Local and external volunteers
- Donors and sponsors
- Community members and well-wishers

Together, these contributions continue to strengthen the fabric of this community — one health camp, one shared meal, one small step at a time.

Conclusion

The Marhtala health camp demonstrated the power of accessible healthcare and community solidarity. Progress is evident, but sustained effort remains essential — particularly in addressing childhood nutrition. The initiative looks forward to continuing this journey with the same care and commitment.

Report prepared by the save the environment team.