



SUSTAINABLE SOLUTIONS: BRIDGING HEALTH AND ENVIRONMENT THROUGH TRADITIONAL MEDICINE REPURPOSING AND BIOFUEL ADOPTION

Rustam Ekbbal^{1*}, Pradeep Kumar², Abhishek Gautam³ and Manju Singh⁴

¹Department of Pharmacy, IIMT College of Medical Sciences, IIMT University, O Pocket, Ganga Nagar-250001, Meerut, Uttar Pradesh.

^{2,3}Dayashwati Laboratory and Training Centre (DLTC), Dhaulana, District Hapur-245301, Uttar Pradesh, India.

⁴Department of Pharmaceutics, Dr. K. N. Modi Institute of Pharmaceutical Education & Research Opposite SBI Main Branch, Delhi Meerut Road, Modinagar-Ghaziabad, Uttar-Pradesh- 201204, INDIA

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Abstract

Traditional medicines, deeply rooted in cultural practices, offer a vast repository of natural compounds with therapeutic properties. By repurposing and reimagining these age-old remedies, we can tap into a wealth of knowledge to address contemporary health challenges. Simultaneously, the adoption of biofuels as an eco-friendly strategy responds to urgent environmental concerns. Derived from renewable biological sources, biofuels present a cleaner and sustainable alternative to traditional fossil fuels. This duality of repurposing traditional medicines for therapeutic innovation and embracing biofuels for environmental sustainability creates a holistic approach to global challenges. The interconnectedness of human health and the environment is emphasized, promoting a comprehensive strategy that addresses both medical needs and environmental stewardship. This review advocates for a multidimensional approach where traditional wisdom contributes to modern healthcare, while environmentally friendly practices, such as biofuel adoption, pave the way for a greener and healthier future.

Keywords

Traditional medicine, Therapeutic innovation, Biofuels, Environmental sustainability, Global health, Interconnected strategies

1. INTRODUCTION

In the face of global challenges such as climate change, environmental degradation, and the increasing burden of disease, there is a growing imperative to explore innovative and sustainable solutions that harmonize the well-being of both humanity and the planet. This paper endeavors to delve into the intersection of health and environmental sustainability, proposing a novel approach that combines the repurposing of traditional medicine and the widespread adoption of biofuels. By synergistically addressing health needs and environmental concerns, this integrated strategy not only promotes holistic well-being but also advances the principles of circular economies ' (Che et al., 2023; Dhianawaty et al., 2023; Radovanović et al., 2023; Shi et al., 2021).

Traditional medicine, rooted in ancient practices and local

wisdom, offers a wealth of untapped potential for addressing contemporary health challenges. Harnessing the knowledge embedded in traditional healing systems can not only provide alternative and affordable healthcare options but also contribute to biodiversity conservation. The repurposing of traditional medicines aligns with sustainable practices, emphasizing the importance of preserving ecosystems and leveraging nature's resources responsibly –" (Divyashree et al., 2022; Lara Flores & Florencia Romero, 2023; Qureshi et al., 2024; V. Singh & Supriya Kurane Singh, 2023).

Furthermore, as the world grapples with the escalating consequences of fossil fuel consumption, the urgent need for cleaner and renewable energy sources cannot be overstated. Biofuels, derived from organic materials such as plants and algae, present a promising avenue for sustainable energy production. The adoption of biofuels not only mitigates the

environmental impact of conventional fossil fuels but also creates opportunities for rural development and reduces dependency on finite resources. This paper seeks to explore the interconnectedness of these two realms, advocating for a holistic approach that not only addresses immediate health concerns but also contributes to the long-term well-being of our planet. Through the exploration of traditional medicine repurposing and the widespread adoption of biofuels, we aim to pave the way for a harmonious coexistence between human health and environmental sustainability.

2. REVIEW FINDINGS

2.1 Traditional aspects of medicinal plants

In an era defined by the confluence of escalating health crises and mounting environmental challenges, the imperative to seek innovative and interconnected solutions has never been more critical. This paper embarks on a journey into the realms of repurposing traditional medicines for modern therapeutics and the adoption of biofuels as an environmentally friendly strategy, presenting a holistic approach to address the intricate interplay between human health and the well-being of the planet (Cabada-Aguirre *et al.*, 2023; Mahomoodally, 2013; Nath & Mukherjee, 2023; Zhou *et al.*, 2023).

Traditional medicines, deeply embedded in cultural practices, represent an ancient pharmacopeia, offering a vast repository of natural compounds endowed with therapeutic properties. The wisdom encapsulated in these age-old remedies has the potential to revolutionize modern healthcare by providing alternative, culturally sensitive, and sustainable

approaches to address contemporary health challenges. By systematically repurposing and reimagining traditional medicines, we can tap into a wealth of knowledge, fostering therapeutic innovation that aligns with the principles of ecological responsibility. Simultaneously, the urgency to address environmental concerns has driven the exploration of sustainable energy alternatives, leading to the adoption of biofuels. Derived from renewable biological sources, biofuels offer a cleaner and more sustainable alternative to conventional fossil fuels, mitigating the detrimental impact on the environment. This duality of repurposing traditional medicines for therapeutic innovation and embracing biofuels for environmental sustainability sets the stage for a comprehensive and interconnected strategy to tackle global challenges (Chan *et al.*, 2021; Chen *et al.*, 2021; Jia *et al.*, 2024; Lu *et al.*, 2020; Mukherjee *et al.*, 2022).

The interconnectedness of human health and the environment is at the forefront of this exploration, emphasizing the need for a cohesive and multifaceted approach. By promoting a comprehensive strategy that addresses both medical needs and environmental stewardship, this paper advocates for a paradigm shift towards a more sustainable and resilient future. As we delve into the multidimensional landscape where traditional wisdom contributes to modern healthcare, and environmentally friendly practices, such as biofuel adoption, pave the way for a greener and healthier world, we embark on a journey towards transformative solutions for the well-being of both humanity and the planet (Datta, 2021; Kunwar *et al.*, 2018; McAlvay, 2017; Redwan, 2018).



Figure 1: Traditional aspects of medicinal plants.

2.2. Historical significance of traditional medicines

Traditional medicines, with roots deeply embedded in cultural practices and historical knowledge, offer a unique avenue for therapeutic innovation. The accumulated wisdom of generations has endowed these remedies with a diverse array of natural compounds that exhibit medicinal properties. As we stand on the precipice of an era marked by evolving healthcare challenges, the reevaluation of traditional medicines becomes imperative. By repurposing and reimagining these age-old remedies, we can unlock a wealth of knowledge that holds the potential to address contemporary health challenges (Barzola Baez et al., 2024; Mdhluli et al., 2023; Nie et al., 2023; H. Wang et al., 2023).

Throughout history, diverse cultures have relied on traditional healing practices, ranging from herbal remedies and acupuncture to Ayurveda and traditional Chinese medicine. These practices have not only provided relief for various ailments but have also contributed to the cultural identity and well-being of communities. In the context of modern medicine, tapping into this rich heritage offers a unique opportunity for therapeutic discovery. The natural compounds found in traditional remedies may hold the key to novel drugs, providing effective and sustainable solutions for prevalent health issues (Aditya Sharma et al., 2023; Haq et al., 2023; Ilyas et al., 2021; Pradhan et al., 2023; Sarma, 2021).

3.1. THERAPEUTIC INNOVATION THROUGH TRADITIONAL MEDICINES

The repurposing of traditional medicines for modern therapeutics involves a paradigm shift in how we perceive and utilize these age-old remedies. It requires a comprehensive understanding of the chemical composition of traditional remedies and their potential applications in addressing contemporary health challenges. The integration of traditional wisdom with modern scientific approaches allows for the identification and isolation of bioactive compounds with therapeutic properties. Recent advancements in analytical techniques and molecular biology have facilitated the elucidation of the pharmacological mechanisms underlying traditional medicines. This has led to the identification of specific compounds that exhibit anti-inflammatory, anti-microbial, and anti-cancer properties, among others. By incorporating these bioactive compounds into modern drug development processes, traditional medicines can contribute significantly to therapeutic innovation. Furthermore, the holistic nature of traditional medicine aligns with the current shift towards personalized and holistic healthcare. Traditional medicines often consider the interconnectedness of physical, mental, and spiritual well-being. Integrating these aspects into modern healthcare practices can lead to more patient-centric and comprehensive treatment approaches' (Baumgart, 2024; Bi et al., 2024; Khalid et al., 2023; Puri et al., 2024).

3.2. Biofuels as an Eco-Friendly Strategy

Simultaneously, the global community faces a pressing need

to address environmental concerns, particularly in the context of energy consumption and greenhouse gas emissions. The adoption of biofuels represents a pivotal step towards achieving environmental sustainability. Derived from renewable biological sources such as crops, algae, and organic waste, biofuels offer a cleaner and more sustainable alternative to traditional fossil fuels. Unlike conventional fossil fuels, biofuels release carbon dioxide during combustion, but this is offset by the carbon dioxide absorbed by the plants during their growth, creating a closed carbon cycle. This significantly reduces the net carbon emissions associated with energy production, mitigating the impact on climate change. The use of biofuels also holds the potential to decrease dependence on finite fossil fuel resources, contributing to energy security and resilience (Waryono, 2019).

3.3. Interconnectedness of Human Health and the Environment

This study underscores the intricate link between human health and the environment, emphasizing the need for a holistic approach to global challenges. The repurposing of traditional medicines for therapeutic innovation and the adoption of biofuels as an environmentally friendly strategy represent two sides of the same coin—a multidimensional approach that acknowledges the interconnectedness of human well-being and the health of our planet. Environmental degradation and climate change can have direct and indirect impacts on human health. From the spread of infectious diseases to the exacerbation of respiratory conditions, the consequences of environmental issues are far-reaching. Conversely, the pursuit of sustainable practices, such as the use of biofuels, not only addresses environmental concerns but also contributes to a healthier planet, thereby indirectly benefiting human health' -(Adnyana et al., 2023; Cella et al., 2023; Janzik et al., 2024; Jones, 2022).

The critical link between human health and environmental well-being necessitates a holistic approach to global challenges. Environmental degradation and climate change can have profound implications for human health, influencing the spread of infectious diseases, air and water quality, and overall well-being. Conversely, adopting environmentally sustainable practices, such as the use of biofuels, can contribute to a healthier planet, indirectly benefiting human health.

Integrated studies that examine the dual impact of traditional medicine repurposing and biofuel adoption on both human health and the environment are emerging. These studies explore the potential synergies between therapeutic interventions derived from traditional remedies and the environmental benefits associated with biofuel use. By acknowledging the interconnectedness of these strategies, researchers aim to develop comprehensive solutions that address the complex challenges faced by societies globally.

3.4. Advocating for a Multidimensional Approach

This abstract advocates for a comprehensive strategy where

traditional wisdom contributes to modern healthcare, and environmentally friendly practices, such as biofuel adoption, pave the way for a greener and healthier future. The interconnected strategies proposed in this paper aim to bridge the gap between the fields of medicine and environmental science, fostering a synergistic relationship that addresses pressing global challenges. The repurposing of traditional medicines for therapeutic innovation and the adoption of biofuels as an environmentally friendly strategy represent promising avenues for sustainable solutions. This

multidimensional approach embraces the rich cultural heritage of traditional medicines while responding to the urgent need for environmental stewardship. As we navigate the complexities of the 21st century, this review paper seeks to contribute to the ongoing dialogue on how best to integrate traditional wisdom and modern advancements for the betterment of global health and the environment (Ahmad *et al.*, 2023; Cella *et al.*, 2023; Hassan-Kadle *et al.*, 2024; Lokmic-Tomkins *et al.*, 2024).

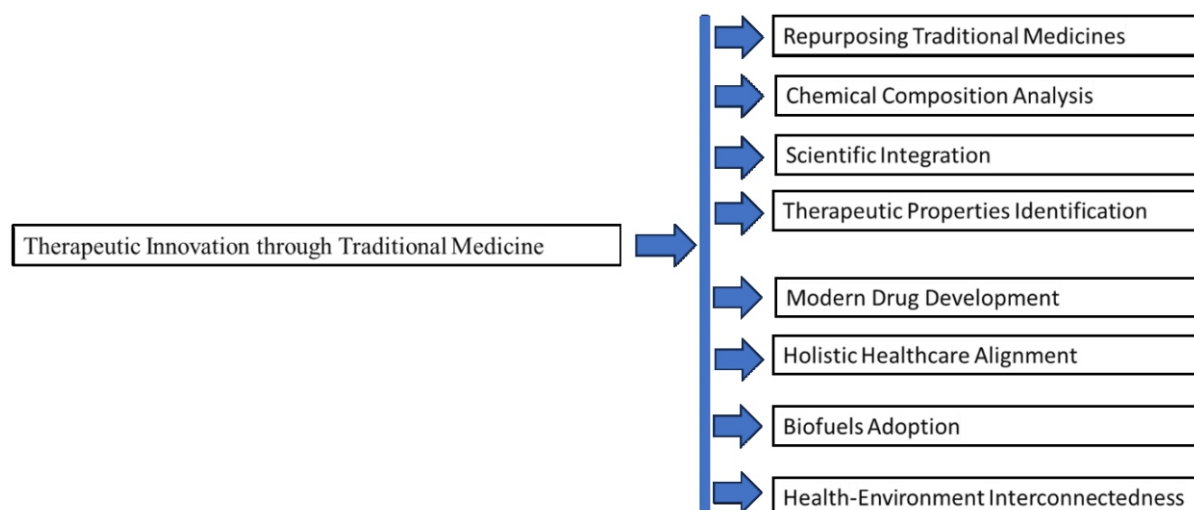


Figure 2: Therapeutic Innovation through Traditional Medicines.

4. Traditional Medicine Repurposing

Preservation of biodiversity traditional medicines often utilize a diverse range of plant species, many of which are sourced from local ecosystems. The sustainable harvesting and cultivation of medicinal plants for traditional medicine repurposing contribute to the preservation of biodiversity. Efforts are made to prevent over-harvesting and promote sustainable practices that ensure the continued health of ecosystems. In Cultural preservation the repurposing of traditional medicines not only contributes to healthcare innovation but also plays a role in preserving cultural knowledge and practices. Recognizing the value of traditional healing methods encourages the sustainable use of medicinal plants and fosters a connection between human health and cultural heritage. Ethical sourcing and fair trade as the demand for traditional medicines increases, there is a growing emphasis on ethical sourcing and fairtrade practices. This ensures that communities involved in the cultivation and harvesting of medicinal plants receive fair compensation, promoting social equity and environmental stewardship "(Adhikari *et al.*, 2020; Kumar Verma *et al.*, 2021; Low *et al.*, 2023; R. Singh *et al.*, 2021).

4.1. Correlation between Traditional Medicine and Biofuel Adoption

Its interconnected solutions the correlation between traditional medicine repurposing and biofuel adoption lies in

their shared goal of promoting environmental sustainability. Both strategies recognize the importance of embracing natural, renewable resources while minimizing adverse impacts on ecosystems. That is Holistic Approach Integrating traditional medicines and biofuels into a comprehensive strategy acknowledges the interdependence of human health and the environment. A holistic approach considers not only the immediate health benefits of traditional remedies but also the long-term environmental consequences of energy choices. Its community involvement Both traditional medicine practices and biofuel production can involve local communities. Engaging communities in sustainable practices, whether through the cultivation of medicinal plants or the production of biofuels, strengthens the connection between human well-being and environmental stewardship (Garrido Ojeda, 2021; Portela, 2019).

In the environmental-friendly strategy, as manifested through the correlation between traditional medicine repurposing and biofuel adoption, embodies a commitment to sustainable, responsible practices. This strategy recognizes the intrinsic link between human health and the health of the planet, fostering a symbiotic relationship where advancements in healthcare contribute to environmental conservation, and environmentally friendly practices support improved human health (de Jesus *et al.*, 2024; Jiang *et al.*, 2021; Vaghela & Gohel, 2023; Zohra *et al.*, 2022).

5. Renewable Energy Source

While the term "Renewable Energy Source" primarily refers to sustainable sources of power generation, such as solar, wind, hydro, and geothermal energy, we can draw parallels between the principles of renewable energy and the broader concept of bridging health and the environment through traditional medicine repurposing and biofuel adoption. Renewable energy is energy derived from natural sources that are replenished at a higher rate than they are consumed. Let's explore these connections in detail. Renewable energy source, by definition, is derived from sources that are naturally replenished on a human timescale. Solar energy harnesses the power of the sun, wind energy captures the motion of the wind, hydro energy relies on the movement of water, and geothermal energy taps into the Earth's internal heat. These sources operate within natural cycles, promoting sustainability and minimizing environmental impact. Similarly, traditional medicine repurposing and biofuel adoption align with natural cycles. Traditional medicines often leverage the healing properties of plants and minerals that are naturally occurring and renewable. Biofuels, derived from organic materials, represent a cycle where carbon is absorbed during plant growth and released during combustion, creating a closed-loop system that minimizes net carbon emissions – (Bendaoud et al., 2022; de Jesus et al., 2024; Gebrehiwot et al., 2022; NUGROHO et al., 2022).

5.1. Reduced Environmental Impact

Compared to traditional fossil fuels, renewable energy sources generally have lower environmental impact. They produce fewer greenhouse gas emissions, reduce air pollution, and contribute to mitigating climate change. The adoption of biofuels as an environmentally friendly strategy aligns with the reduced environmental impact seen in renewable energy sources. Biofuels contribute to lower net carbon emissions, supporting a cleaner and more sustainable alternative to conventional fossil fuels. This shift in energy sources has a positive impact on air quality and addresses environmental concerns – (Abbas et al., 2023; Khare et al., 2023; Khosravi et al., 2024; D. Wang et al., 2022).

5.2. Holistic Approach to Health and Environment

The pursuit of renewable energy often involves a holistic approach to environmental conservation. It recognizes the interconnectedness of ecosystems and aims to promote a balanced coexistence with nature and similarly, the repurposing of traditional medicines emphasizes a holistic approach to health. Traditional healing practices often consider the interconnectedness of physical, mental, and spiritual well-being. By integrating traditional medicine into modern healthcare practices, there is an acknowledgment of the holistic nature of human health (Ashebo, 2019; Kamsu-Foguem & Foguem, 2014; Kansal & Mishra, 2023; Woldearegay & Regassa, 2023).

5.3. Promotion of Sustainable Practices

The utilization of renewable energy promotes sustainable practices in energy production. It encourages the development and implementation of technologies that

harness natural resources without depleting them, fostering long-term sustainability. The sustainable use of medicinal plants in traditional medicine aligns with the principles of renewable resources. Practices that emphasize ethical sourcing, fair trade, and conservation contribute to the longevity of traditional medicine knowledge and its beneficial impact on health (Abere et al., 2022; Katoch et al., 2017; G. Wang et al., 2022).

5.4. Community Involvement and Cultural Preservation

In renewable energy source, many projects involve community engagement. Additionally, they often respect the cultural and environmental sensitivities of local communities. Traditional medicine, deeply rooted in cultural practices, involves communities in the preservation and continuation of knowledge. The sustainable use of herbal remedies ensures that cultural practices are maintained, contributing to the well-being of communities. While the term "Renewable Energy Source" traditionally applies to forms of sustainable energy, there are clear correlations with the broader strategies of bridging health and the environment through traditional medicine repurposing and biofuel adoption. Both approaches recognize the importance of sustainable, natural practices in promoting the well-being of both humanity and the planet. The interconnectedness of these strategies underscores the need for comprehensive, holistic solutions to global challenges (Abid Ghafoor Chaudhry et al., 2014; O'Donnell et al., 2018; Ozkan, 2006).

6. Diversification of Energy Mix

The "Diversification of Energy Mix" refers to the strategic integration of various energy sources to create a balanced and resilient portfolio. This approach aims to reduce reliance on a single energy source, promoting sustainability, energy security, and environmental stewardship. Correlating the concept of diversifying the energy mix with bridging health and the environment through traditional medicine repurposing and biofuel adoption involves recognizing the interconnected strategies that contribute to a more holistic and sustainable future. Let's explore these connections in detail " (Ariyanto, 2019; Kinicki & Fugate, 2020; Lutfiah, 2019).

6.1. Reducing Environmental Impact

The incorporation of renewable energy sources, such as solar, wind, hydro, and geothermal, in the energy mix is a key component of reducing the environmental impact of energy production. These sources generate electricity with lower carbon emissions, contributing to efforts to mitigate climate change and improve air quality. Biofuel adoption as an environmentally friendly strategy aligns with the goal of reducing the environmental impact of energy production. Biofuels, derived from renewable biological sources, release carbon dioxide during combustion, but this is offset by the carbon dioxide absorbed during plant growth, creating a closed carbon cycle. This aligns with the broader objective of minimizing the environmental footprint of energy consumption (Bratti et al., 2014; Jamwal et al., 2023; Titik Wijayanti et al., 2023).

6.2 Promoting Energy Security

A diverse energy mix enhances energy security by reducing dependence on a single energy source. This resilience is crucial in mitigating the impact of supply disruptions, price fluctuations, or geopolitical tensions associated with a specific energy resource. Traditional medicine repurposing contributes to health security by diversifying the sources of therapeutic agents. By exploring traditional remedies alongside modern pharmaceuticals, there is a broader range of treatment options, reducing dependence on a singular approach. This diversification contributes to a more resilient healthcare system (Andersen & Østergaard, 2018; Do et al., 2023; Ma et al., 2024; Suman et al., 2022).

6.3 Cultural and Community Engagement

In many cases, the deployment of renewable energy projects involves community engagement, considering the cultural and environmental sensitivities of local populations. This approach fosters social acceptance and ensures that the benefits of energy projects are shared. Traditional medicine, deeply rooted in cultural practices, also involves community engagement. The sustainable use of medicinal plants and the integration of traditional healing practices in modern healthcare strategies contribute to the preservation of cultural heritage and community well-being (Haenssger et al., 2021; Nelson et al., 2022; Pertiwi et al., 2024; Vaishnavi Narsingrao Patange, 2023).

6.4 Economic Opportunities and Innovation

The development of diverse energy sources creates economic opportunities and fosters innovation. It stimulates job creation in emerging sectors and promotes the growth of a green economy. The exploration of traditional medicine for therapeutic innovation and the adoption of biofuels creates economic opportunities. Research and development in these areas contribute to job creation, knowledge exchange, and the growth of sustainable industries, aligning with the economic aspects of energy mix diversification — (Anggraeni et al., 2023; de Oliveira et al., 2023; Lewandrowski et al., 2023; Nursanty et al., 2023).

6.5 Holistic Approach to Health and Environment

A diversified energy mix is part of a holistic approach to environmental stewardship. It acknowledges the interdependence of human well-being and the health of the planet, seeking solutions that balance ecological sustainability with societal needs. The repurposing of traditional medicines and the adoption of biofuels represent a holistic approach to addressing health and environmental challenges. Integrating traditional wisdom into modern healthcare practices and embracing environmentally friendly energy sources contribute to a comprehensive strategy that considers both human health and the ecological well-being of the planet. The diversification of the energy mix and the correlated strategies of traditional medicine repurposing and biofuel adoption share common principles of sustainability, resilience, and a holistic approach to addressing global challenges. By recognizing and leveraging these interconnected strategies, we move towards a more balanced,

secure, and sustainable future that prioritizes the well-being of both humanity and the environment (Betancourt et al., 2021; Hadapad et al., 2020; Kamsu-Foguem & Foguem, 2014).

7. Promotion of Agricultural Sustainability and challenges

The concept of "Promotion of Agricultural Sustainability" involves adopting practices and technologies in agriculture that contribute to long-term environmental health, social well-being, and economic viability. Correlating this idea with bridging health and the environment through traditional medicine repurposing and biofuel adoption reveals a set of interconnected strategies that collectively address global challenges. Let's explore these connections in detail (Abd El-Aziz et al., 2023; Kumar et al., 2023; Supentri et al., 2022; Suwardi et al., 2020).

Agricultural sustainability emphasizes the importance of agroecological practices that maintain and enhance ecosystem health. This includes practices such as organic farming, crop rotation, and agroforestry, which promote biodiversity, soil fertility, and water conservation. Traditional medicine often relies on plants and herbs, many of which are sourced from agricultural practices. The sustainable cultivation of medicinal plants aligns with agroecological principles, contributing to the health of ecosystems. By promoting agroecological practices, traditional medicine repurposing becomes intertwined with sustainable agriculture. Promotion of Agricultural Sustainability: Sustainable agriculture prioritizes the conservation of biodiversity. Diverse crop rotations, cover cropping, and integrated pest management contribute to the health of ecosystems by fostering a variety of plant and animal species. Traditional medicine often relies on a wide variety of plant species. The sustainable cultivation and harvesting of these plants contribute to biodiversity conservation. By promoting the responsible use of medicinal plants, traditional medicine practices align with the broader goal of maintaining a diverse and resilient environment.

Ethical sourcing and fair-trade practices are crucial components of sustainable agriculture. They ensure that farmers receive fair compensation, promote social equity, and discourage environmentally harmful practices. Traditional medicine repurposing involves the sourcing of medicinal plants. By emphasizing ethical sourcing and fair trade, the traditional medicine industry contributes to sustainable agriculture. This approach ensures that communities involved in the cultivation of medicinal plants benefit economically and that the environment is treated responsibly. Sustainable agriculture aims to minimize reliance on synthetic chemicals and pesticides. Integrated pest management, organic farming, and other sustainable practices reduce the environmental impact of chemical inputs (Krishna et al., 2021; Reza & Khouzani, 2022; ul Haq et al., 2022).

The cultivation of medicinal plants for traditional medicine often aligns with organic farming practices. By reducing reliance on synthetic chemicals, traditional medicine practices contribute to the overall goal of minimizing the environmental footprint of agriculture. This shared emphasis on reduced chemical inputs underscores the connection between traditional medicine repurposing and agricultural sustainability —(Ojha et al., 2022; Raghav et al., 2022; Rana et al., 2022).

Sustainable agriculture not only focuses on environmental health but also on the nutritional well-being of communities. Diverse and nutrient-rich crops contribute to improved community health. Traditional medicines, derived from various plants and herbs, often have nutritional benefits. The integration of traditional medicine into healthcare practices contributes to community health and nutrition. By promoting the use of diverse plant species, both traditional medicine repurposing and sustainable agriculture contribute to holistic community well-being. Some biofuels are derived from crops, such as sugarcane, corn, or switchgrass. Sustainable biofuel production involves responsible land use, avoiding deforestation, and promoting efficient crop management. The adoption of biofuels as an environmentally friendly strategy involves the cultivation of biofuel feedstock crops. By promoting sustainable practices in biofuel feedstock production, the correlation with agricultural sustainability is evident. Both traditional medicine repurposing and biofuel adoption contribute to sustainable agricultural practices —(Kala, 2022; Ojha et al., 2022; Silverio et al., 2022).

8. CONCLUSION

Sustainable solutions that bridge health and environment are pivotal for a resilient future. Repurposing traditional medicine offers a dual advantage: it preserves cultural heritage and provides eco-friendly health alternatives. Integrating these time-tested practices into modern healthcare can enhance global health outcomes while reducing the environmental footprint of conventional pharmaceuticals. Concurrently, adopting biofuels derived from organic waste and sustainable sources presents a viable path to mitigate climate change. By reducing reliance on fossil fuels, biofuels can significantly lower greenhouse gas emissions, contributing to a cleaner, healthier planet. Together, these strategies underscore the synergy between traditional wisdom and modern innovation in addressing contemporary challenges. Embracing such holistic approaches not only fosters environmental sustainability but also promotes public health, paving the way for a balanced and harmonious coexistence of human societies with nature.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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