

HYBRID MODE
National Symposium
on

SHATAVARI AYURVEDIC WISDOM AND MODERN THERAPEUTICS (SAWMT-2026)

26, February, 2026

**NATIONAL INSTITUTE OF HOMOEOPATHY
SALT LAKE, Kolkata**

Organized by



**Save The Environment
Kolkata / Gurugram**

In collaboration with



HKP Foundation



Howrah Suparna



Alpana Bose Memorial Foundation

REGISTRATION LINK

<https://docs.google.com/forms/d/e/1FAIpQLSfQoJ3QbCfMShYWNwb4gkHPBeccRr7WiwyDh7TYsOk8PFm6w/viewform?usp=header>

ABSTRACT SUBMISSION LINK

<https://docs.google.com/forms/d/e/1FAIpQLSdZWmn7XG-CxXedznQ5INPZXUuRLbHa7BwFTKea4nQN4nJ9IQ/viewform?usp=publish-editor>

Overview of SAWMT-2026

Shatavari (*Asparagus racemosus*) is one of the most valued medicinal plants in Ayurveda, known for its therapeutic, nutritional, and socio-economic significance. In recent years, research, cultivation practices, and commercial applications of Shatavari have expanded rapidly, creating new opportunities for farmers, researchers, practitioners, and industry.

The conference aims to bring together experts from diverse fields—Ayurveda, agriculture, pharmacology, biotechnology, industry, and rural development—to share knowledge, experiences, and innovations related to Shatavari. Through scientific sessions, technical discussions, and interactive platforms, the conference seeks to highlight its medicinal potential, promote sustainable cultivation, encourage value addition, and explore emerging market possibilities.

This event will serve as a unique platform to strengthen collaboration, inspire new research directions, and contribute to the holistic growth of Shatavari from farm to formulation and from traditional wisdom to modern science.

Conference Objectives:

1. To highlight scientific, medicinal, and traditional perspectives on Shatavari
2. To share recent research findings and best practices
3. To promote sustainable cultivation and conservation
4. To encourage collaboration among researchers, farmers, and industry

Theme of SAWMT-2026

The main theme of the annual conference has been set as strategizing a greener future with following sub themes:

Sub themes:

1. Pharmacological and therapeutic properties of Shatavari
2. Cultivation techniques & sustainable farming
3. Varietal improvement and biotechnology
4. Value addition, processing & product development
5. Role of Shatavari in Ayurveda & traditional medicine
6. Market potential & challenges
7. Policy support & future prospects
8. Agriculture and Cultivation of Medicinal Plants
9. Animal Science, Pre-Clinical Models, and Veterinary Sciences
10. Biotechnology and Bioinformatics
11. Chemical and Physical Sciences
12. Environment Science and Earth Science
13. Health and Traditional System of Medicine (AYUSH)
14. Innovation, Engineering & Technology, Allied Interdisciplinary and Others
15. Pharmacology and Medicinal Chemistry
16. Plant Science
17. Climate Change and Natural Hazard
18. Sustainable Healthcare and Environmental

Organizing Committee

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Co-Convener

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Dr. Sumit Sur, B.A.M.S. State Coordinator, State Ayurveda Mahasmmelan, West Bengal

Mr. Sanjit Mitra, EC Member, Save The Environment, Kolkata, West Bengal

Mr. Subhankar Chakrabarty, Member, Save The Environment, Kolkata

Organising Secretary

Dr. Superna Sanyal Mukherjee, Chief Functionary & Secretary, Howrah Suparna, Kolkata

Mr. Amarjit Bose, Director, Alpana Bose Memorial Foundation & Admin Staff at ISI

Joint Organising Secretaries

Dr. Bushra Parveen, Assistant Professor, Department of Pharmacology, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi

Dr. Jigni Mishra, Research Associate, IARI, New Delhi & E.C. Member, STE

National Advisory Board

Dr. Kalpana Bhargava, Scientist "G", Joint Director, GPS Division, High Energy Material Research Lab (HEMRL), Defence Research and Development Organization (DRDO), Ministry of Defence, Government of India, Sutarwadi, Pashan, Pune, Maharashtra

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Prof. (Dr.) Sayeed Ahmad, Director, Centre of Excellence in Unani Medicine (Pharmacognosy and Pharmacology), In-charge of the Bioactive Natural Product Laboratory, Professor in the Department of Pharmacognosy & Phytochemistry, and Head, Department of Food Technology, Jamia Hamdard, New Delhi

Dr. Sucheta Chakraborti, Former Scientist, DRDO, 1, A.J.C. Bose, Thakurpukur, West Bengal

Prof. Sunil Kumar De, Professor & Head, Department of Geography, North Eastern Hill University, Shillong, Meghalaya

Dr. SK Singh, Scientist 'G', SSPL, DRDO, Timarpur, Delhi

Dr. Rakhi Dey Sharma, Asst. Prof., Dept. of Physiology, Belda College, Vidyasagar University, West Bengal

Dr. Sankha Chakrabortty, Assistant Professor, Kalinga School of Biotechnology/Chemical Technology, Kalinga Institute of Industrial Technology (Deemed to be University) Bhubaneswar, Odisha, India

Dr. Gaurav Saxsena, Asst. Prof., Dept of Life Science, Mandsaur, University, Mandsaur, MP

Dr. Rabea Parveen, Assistant Professor, Department of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi

Dr. Bushra Parveen, Assistant Professor, Department of Pharmacology, School of Pharmaceutical Education and Research, Jamia Hamdard University, New Delhi.

List of Eminent Speakers

Prof. Pallab Kanti Haldar, Director, School of Natural Product Studies, Div. of Pharmacology and Toxicology, Dept. of Pharmaceutical Technology, Jadavpur University, Kolkata

Prof.(Dr.) Raja Manoharan, Professor & HOD, Pharmacy, National Institute of Homoeopathy (An Autonomous Institute under the Ministry of Ayush, Govt. of India), Salt Lake, Kolkata

Prof. (Dr.) Sayeed Ahmad, Director, Centre of Excellence in Unani Medicine (Pharmacognosy and Pharmacology), In-charge of the BNPL, Professor in the Dept. of Pharmacognosy & Phytochemistry, and Head, Dept. of Food Technology, Jamia Hamdard, New Delhi

Dr. Rajiva Kumar Rai, Senior Vice President & Head of Healthcare R&D at Emami Ltd.

Dr. Rahul Singh, Head of Corporate Quality Assurance, Emami Ltd.

Dr. CK Katiyar, Advisor Emami Ltd.

Dr. Kalpana Bahrgave, Sc 'G', HEMRL, DRDO, Pune

Dr. Vijay Bharti, Scientist 'F', DIHAR, DRDO, Leh

Dr. Yogendra MS, Scientist 'E', DEBEL, DRDO, Bengaluru

Dr. Amrita Mishra, Associate Professor, School of Biotechnology, KIIT, Bhuvneshwer

Dr. Saikat Kumar Basu, Member STE & PFS, Lethbridge, Alberta, Canada

Dr. Rajesh Arora, Scientist 'G' & Joint Director, Govt. of India, Ministry of Defence Defence Research and Development Organization (DRDO), Defence Institute of Physiology & Allied Sciences, Lucknow Road, Timarpur, Delhi

Dr. Yasmeen Ahmad, Scientist 'E', DIPAS, DRDO, Timarpur, Delhi

Representative from National Medicinal Plant Board, New Delhi

CALL FOR ABSTRACTS

The organizing committee invites original research abstracts for oral / poster presentations based on the themes of the conference. Original one-page abstract (A4-size with 2.5 cm margin on all sides, single column, Times New Roman font, font size 12, 1.5 line spacing written in MS WORD) should be submitted **E-mail: steayush2026@gmail.com** before **10th February, 2026**. The participants are requested to mention the relevant sub theme, title of the paper along with their names, affiliation and contact details. Selected accepted papers will be published in Int. J. Env. & Health Sci. (Indexed in ISSN, Crossref and ISI).

Organisers

SAVE THE ENVIRONMENT (STE)

Save The Environment (STE) was founded and registered on 19th November 1990 [Reg no. S/66/489 of 1990-91]. Since then, STE has been privileged to collaborate with organizations and departments of repute, like WWF (India), AIIHPH, Indo-Canada environment facility, DST and DRDO to counter the long standing issue of arsenic poisoning of water, especially in rural areas of West Bengal, India. STE has also been actively engaged in spreading awareness among general public for environment protection and water management.

Save the Environment NGO is a dedicated, not-for-profit organization committed to preserving our planet while promoting the health and well-being of communities. We strongly believe that



environmental protection and human health are inseparable — a clean and thriving environment is the foundation of a healthy, prosperous, and compassionate society.

Our NGO works with a mission to address the urgent environmental challenges of today, such as pollution, climate change, improper waste management, water scarcity, and diminishing green cover. Alongside environmental conservation, we actively engage in initiatives that directly support human health — including free health check-ups, awareness on hygiene and nutrition, and distribution of essential medicines and supplements to those in need.

Through collaboration with volunteers, experts, educational institutions, and socially responsible organizations, we strive to develop sustainable solutions that not only protect nature but also uplift human life. We organize community-based programs like tree plantation drives, plastic-free campaigns, clean water accessibility efforts, and educational outreach to inspire people of all ages to adopt sustainable living practices.

Driven by the vision of ensuring a greener, cleaner, and healthier planet for future generations, Save the Environment NGO carries forward the belief that when we heal the Earth, we heal humanity. Every step we take is aimed at creating a world where environmental stewardship and human welfare move hand in hand.

Join us in this noble journey of restoring balance, protecting life, and nurturing hope — because saving the environment is not just a responsibility, it is an act of love toward humanity.

Hare Krishna Prasad (HKP) Foundation

Hare Krishna Prasad (HKP) Foundation is an NGO for all kinds of social work, including but not limited to -- promoting a healthy, natural, eco-friendly and sustainable lifestyle based on sattvic diet, herbal body-products and ayurvedic medicines.

Howrah Suparna

Howrah Suparna is a non-governmental organization (NGO) committed to bringing positive change to society. With a team of dedicated volunteers, we work tirelessly to uplift underprivileged individuals and communities, providing them with essential resources, support, and opportunities. Our organization believes in the power of education, healthcare, skill development, and environmental conservation to uplift lives and create sustainable change. We work tirelessly to provide educational support, including study materials to disadvantaged and disabled children. We also offer quality healthcare facilities to unprivileged, tribal people including the elderly people to ensure their gd health and overall quality of life.

We also work towards the preservation of the environment and promotion of honeybee conservation and creating awareness about its importance in maintaining biodiversity and sustainable ecosystems.

At Howrah Suparna, we firmly believe in the power of collective action and the impact it can have on transforming lives. Together, with the support of our dedicated volunteers, generous donors, and community partners, we continue to work towards building a more equitable and compassionate world for all.

Howrah Suparna is Registered with the Sub-Registrar and the type of NGO is Registered Societies (Non-Government) bearing Society Act and the Registration Number is S/1L/9684. The city and state of registration are Howrah and WEST BENGAL. The date of registration is 23-05-2002. Our Unique Id of VO/NGO is WB/2009/0008850. Howrah Suparna is working in Arts & Crafts,

Health, Education, Social Sciences, Music, Dance, Media Propagation, Environmental Sustainability, Forest, Forestry, Tribal Studies, Yoga, Unani, Siddha, Ayush, Homeopathy, ETHNOMEDICINES, Ethno Botany. ETHNOLOGY Children Care, Elderly people etc.

ALPANA BOSE MEMORIAL FOUNDATION

Alpana Bose Memorial Foundation's Annual General Meeting (AGM) was last held on 02 Dec 2023. and as per records from Ministry of Corporate Affairs (MCA), its balance sheet was last filed on 2023-03-31. Alpana Bose Memorial Foundation's NIC code is 853 (which is part of its CIN). As per the NIC code, it is involved in Social work activities.

Directors of Alpana Bose Memorial Foundation are Bikramjit Basu, and Amarjit Basu. Users may contact Alpana Bose Memorial Foundation on its Email address amarjitbasu84@gmail.com. Registered address of Alpana Bose Memorial Foundation is 8/1 Subas Pally, PS-baranagar ,Kolkata, West Bengal, India - 700108.

IMPORTANT DATES

Abstract Submission Starts:	12 th January, 2026
Registration Starts:	12 th January, 2026
Abstract Submission Closes:	31 st January, 2026
Intimation of Abstract Acceptance:	2 nd February, 2026

REGISTRATION DETAILS

Category	Fees
College Students (U.G.& P.G.)	1000.00
Research Scholars	1500.00
Teachers/Scientists/Faculty	3000.00
STE Life Members	2500.00
Corporate Delegates/Industry personnel	5000.00

BANK DETAILS FOR ELECTRONIC TRANSFER

Bank details for Electronic Transfer
Account Name: Save The Environment
Account Number: 60475457174
Bank and Branch: Bank of Maharashtra, Kalkaji, New Delhi-110019
IFSC Code: MAHB0000974
Google Pay to: Mrs. Chhanda Basu; Mobile No. 9830779260



ACCOMMODATION

The accommodation will be arranged on payment basis if requested by the delegates / participants to the organisers.

Contact Persons:

Dr. Superna Sanyal Mukherjee

Mobile: +91-9339848130; 93393 69425

Dr. Jigni Mishra

Mobile: +91-84475 22389

Dr. Bushra Parveen

Mobile: +91-99719 84966

STE SECRETARIAT

SAVE THE ENVIRONMENT (STE)

(A SOCIETY FOR RESEARCH, AWARENESS & SOCIAL DEVELOPMENT)

Head and Registered Office: 12, Diamond Harbour Road, Kolkata-700 063

Gurugram: Flat No. 1107, Block 17, Heritage City, MG Road, Gurugram • M: 9871372350, 9830779260

E-mail: steayush2026@gmail.com; info@stenvironment.org

Website: www.stenvironment.org

ARTICLES ARE INVITED FOR THE INTERNATIONAL JOURNAL OF ENVIRONMENT AND HEALTH SCIENCES

This journal is being published by Save the Environment. Send your manuscripts for peer-review by e-mail. The authors must mention address, Contact Nos. and E-MAIL ID in their forwarding letter. Proof will be sent for correction before publishing. A pledge for originality will be signed by the authors.

We are pleased to announce that the DOI prefix for International Journal of Environment and Health Sciences is now available from Crossref, the official Digital Object Identifier (DOI). **The journal is now indexed in International Scientific Indexing (ISI).**



For further details, please contact
Chief Editor at:
ijehseditor@gmail.com
or
visit our website:
www.stenvironment.org



STE Annual Awards 2026

(NOMINATION AND APPLICATIONS ARE INVITED)

LAST DATE 10th February, 2026

STE confers Annual Awards in following categories to recognize the significant contributions made by a person or institution.

1. STE Dr. APJ Abdul Kalam Award

This award is conferred every year to the senior scientist of DRDO/ ISRO (working or retired) who has significantly contributed towards science and technology in India. Nominations will be from STE.

2. STE Dr. Praloy O. Basu Lifetime Achievement Award

This award is conferred every year to any citizen of India, who has made a difference to the society by his/her contributions in terms of education/ policies/ S & T/ Social Service and others. Nominations will be from STE.

3. STE Green Excellence Award

This award is constituted to honor those Indian citizens who have excelled in safeguarding and protecting the environment utilizing green technologies.

4. STE Fellowship Awards

STE Fellowship award is conferred to the Indian senior scientists /Academicians for their outstanding achievements in various fields of Science & Technology and Education.

5. STE Meritorious Award for Excellence in Academics and Research

6. STE Women Excellence Award

This award is constituted to recognize the Indian women scientists/ Academicians for their contributions in the field of science and environment.

7. STE Water Awards

The awards are conferred to the Indian nationals who have made a difference in the area of water by their efforts.

8. STE Award for Best Innovation in the field of Science & Technology

9. STE Best School Principal Award

10. STE Best Teacher Award

11. STE International Achiever Awards

12. STE Young Researcher Awards (Age limit: Faculty/ researchers between 25 to 40 years can apply.)

13. STE Humanitarian Award for NGO

14. STE Green Campus Award

15. STE Student Award A. School Level B. College Level

Eligibility: One must be life member of STE and also register for the Symposia / conference 2026.

For more information, please log on to our website
www.stenvironment.org/ste-awards/